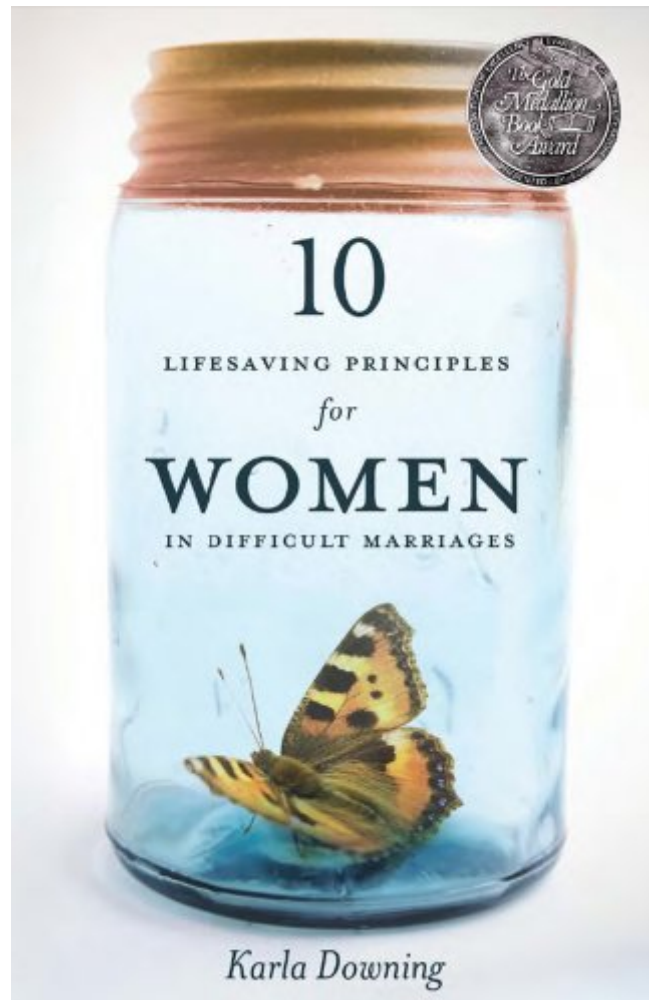




The book was found

# 10 Lifesaving Principles For Women In Difficult Marriages



## Synopsis

Sometimes life doesn't turn out the way we expect. Neither do our marriages. After the honeymoon ends, some women find themselves in difficult marriages. Karla Downing understands that marital relationships are complicated. 10 Lifesaving Principles for Women in Difficult Marriage supplies these scriptural and practical principles to help improve your relationship and your life.

- Reach out to others
- Understand scriptural truths
- Change yourself, not him
- Detach with love
- Nurture yourself
- Face your fears
- Speak the truth in love
- Set boundaries
- Make your children a priority
- Enter God's rest

This new and updated version of her book will help you find peace and confidence, regardless of the specific problems in your marriage.

## Book Information

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## Customer Reviews

GOD GRANT THE STRENGTH TO ANY OTHER WOMEN READING THIS!! YOU WOULDN'T BE

LOOKING AT THIS IF YOU ARE NOT IN A TOUGH SPOT!! THIS BOOK IS EASY STRAIGHT FORWARD TOOL LOADED WITH SCRIPTURE TO BACK IT UP.

Marriage comes with expectations and feelings of "and they lived happily ever after." But many times this doesn't happen. Life together when both spouses have baggage from their past, makes making a new family difficult at times. Americans get divorced way too quickly. The breakdown of family is bringing sorrow to our kids and ourselves. Not promoting divorce, but giving actually tools to help make the decision to stay together if possible is the aim of the book. Great tools and real life situations makes this a practical and very helpful resource. Disappointments happen in real relationships. But progress to take care of enjoying life yourself whether your spouse comes along or not is a powerful way to live, and hopefully the spouse will eventually decide to take the higher road and come along. Great practical help defining things like emotional or physical abuse and where to draw the lines to what is acceptable and what isn't is an important part of what we all need to learn. You can be in a healthy situation even in a difficult marriage. I hope your marriage is full of joy, but even when it isn't, it is worth fighting for. And this book shows you how. Thank you for writing this book! It was exactly what I was needing.

Excellent, helpful book! It was great to read a book that didn't automatically recommend divorce as the answer.

Quick turn around time. Very helpful book.

Practical, helpful! Recommended.

I recommend this book to anyone in a difficult marriage- or even someone in a difficult dating relationship. The advice is not your pat "Christian woman" advice, but REAL advice from a Godly point of view about boundaries, expectations and REAL life. Read it cover to cover and have since re read sections. GREAT book.

The book arrived in a timely fashion at a very reasonable price. This book is a wealth of insight for women who are struggling to make wise discerning choices in very difficult circumstances. It is not a "Quick fix all" book. When the suggestions are lived out over time, however, positive changes will occur. This book is based heavily on scripture often citing it directly. Above all, God's will is sought

in this book. May God bless Karla Downing for writing it. May your marriage be blessed and healed in your reading of it.

This book has valuable information for helping the woman who finds herself in a marriage that is no longer working. The advice given can be put in to practice immediately and does not require the cooperation of one's spouse. It's all about working on things that only you can control, which empowers and generates hope. I devoured this book while working on a very troubled marriage. Highly recommend.

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